



## Declaration of consent

**Declaration of participation in courses on Sundays and/or public holidays or between 8:00 p.m. and 10:00 p.m. during pregnancy and/or lactation<sup>1</sup>**

I hereby expressly declare that, at my own request, I would like to work

in times between 8:00 p.m. and 10:00 p.m.

on Sundays and/or public holidays

within the framework of my university education.

**Declaration on participation in courses during the legal protection periods before and/or after childbirth<sup>2</sup>**

I hereby expressly declare that, at my own request, I would like to work during the protection periods

6 weeks before the expected date of birth

8 (or 12 weeks for multiple births or children with disabilities) after the date of birth.

within the framework of my university education.

Last name, first name	
Date of birth	

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**Date, signature**

**This declaration of consent can be revoked at any time.**

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<sup>1</sup> According to the Maternity Protection Act, it is forbidden to allow pregnant or nursing persons to work in the course of their university education between the hours of 8:00 p.m. and 6:00 a.m. and on Sundays and public holidays. However, participation in educational activities between 8:00 p.m. and 10:00 p.m. and on Sundays and public holidays may be permitted if the pregnant or nursing person expressly gives their consent.

<sup>2</sup> According to the Maternity Protection Act, you are entitled to a protection period of 6 weeks before the birth and 8 weeks (12 weeks in the case of multiple births or children with disabilities) after the birth. During this time, you do not have to attend mandatory courses (internships, seminars, examinations). The university is required by law to offer compensation for this. If you voluntarily take part in courses or examinations in this period, you must submit a written declaration of consent (waiver of the protection period). You can revoke this declaration of consent at any time without giving reasons.