



## Checklist for determining the risks to pregnant or nursing students according to the Maternity Protection Act (MuSchG)

For participation in e.g. internships, excursions or practical activities in the Context of Bachelor or Master theses

<b>University:</b>	Technical University of Darmstadt	
<b>Department:</b>		
<b>Institute/research group:</b>	All departments	
<b>Name student:</b>		
<b>Event:</b> (e.g. internship, excursion or practical activities in the context of bachelor or master theses)		Module:

### Pregnant students:

Activities	Yes	No
<b>Handling hazardous substances</b>		
Toxic to reproduction, category 1A, 1B or 2 or effects on or via lactation		
Germ cell mutagens, category 1A or 1B		
Carcinogens, category 1 A or 1 B		
Specific target organ toxicity (STOT), after single exposure, category 1		
Acute toxicity category 1, 2 or 3		
Lead and lead derivatives insofar as there is a risk that these substances will be ingested		
Hazardous substances that can potentially lead to foetal damage even when complying with workplace-related specifications		
<b>Handling of biological agents (risk of infection)</b>		
Biological substances of risk group 2,3 or 4		
<b>Activities with physical effects</b>		
Ionising radiation (dose > 1 mSv)		
Magnetic fields		
Shocks, vibrations and noise		
Heat, cold and humidity		



<b>Activities with a stressful work environment</b>		
In rooms with overpressure		
In rooms with oxygen-reduced atmosphere		
In underground mining		
<b>Activities involving physical stress or mechanical impact</b>		
Handling loads of more than 5 kg regularly or more than 10 kg occasionally without aids		
Handling of loads with aids with physical strain as above		
Low-movement, constant standing for more than four hours a day, after the end of the fifth month of pregnancy		
Frequent significant stretching, bending, constant squatting, stooping, or other forced postures (athletic events)		
Work on means of transport		
Are there any risks of accidents, especially due to slipping, falling or tumbling (wet areas, excursions)		
Wearing protective equipment that causes strain		
Activities in which an increase in pressure in the abdominal cavity is to be feared, particularly in activities with special strain of the foot		
<b>Breaks/Laying room</b>		
If individual breaks are possible, a possibility to lie down is available		

**Nursing students:**

<b>Activities</b>	<b>Yes</b>	<b>No</b>
<b>Handling hazardous substances</b>		
Reproductive toxicity, effects on or via lactation		
Lead and lead derivatives insofar as there is a risk that these substances will be ingested		
<b>Handling of biological agents (risk of infection)</b>		
Biological substances of risk group 2,3 or 4		
<b>Activities with physical effects</b>		
Ionising and non-ionising radiation		
<b>Activities with a stressful work environment</b>		
In rooms with overpressure		
In underground mining		



**Assessment result:**

- Participation in the event or the performance of the activities is possible without protective measures (only no ticked)
- Participation in the event or performance of the activities is only possible if the protective measures listed below are implemented and observed
- Participation in the event or performance of the activities is not possible

**Protective measures to be implemented:** (fill in extra sheet if necessary)

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**Offer of a conversation:**

- An offer of a conversation with the expectant/nursing parent about further adjustments of the working conditions has taken place
- A discussion with the expectant/nursing parent about further adjustments to the working conditions took place on

**The following people were involved in identifying the hazards and determining the measures to be taken:**

	Name
Superior	
Expectant parent	
University Medical Officer/doctor	
Occupational safety specialist	
Other	