



Checklist for determining the risks to pregnant or nursing students according to the Maternity Protection Act (MuSchG)

For Participation in lectures, in examinations and Writing and PC activities

University:	Technical University of Darmstadt	
Department:		
Institute/research group:	All departments	
Name student:		
Event:	Participation in lectures Participation in examinations Writing and PC activities	Module:

Pregnant students:

Activities	Yes	No
Handling hazardous substances		
Toxic to reproduction, category 1A, 1B or 2 or effects on or via lactation		x
Germ cell mutagens, category 1A or 1B		x
Carcinogens, category 1 A or 1 B		x
Specific target organ toxicity (STOT), after single exposure, category 1		x
Acute toxicity category 1, 2 or 3		x
Lead and lead derivatives insofar as there is a risk that these substances will be ingested		x
Hazardous substances that can potentially lead to foetal damage even when complying with workplace-related specifications		x
Handling of biological agents (risk of infection)		
Biological substances of risk group 2,3 or 4		x
Activities with physical effects		
Ionising radiation (dose > 1 mSv)		x
Magnetic fields		x
Shocks, vibrations and noise		x
Heat, cold and humidity		x
Activities with a stressful work environment		
In rooms with overpressure		x
In rooms with oxygen-reduced atmosphere		x
In underground mining		x



Activities involving physical stress or mechanical impact		
Handling loads of more than 5 kg regularly or more than 10 kg occasionally without aids		x
Handling of loads with aids with physical strain as above		x
Low-movement, constant standing for more than four hours a day, after the end of the fifth month of pregnancy		x
Frequent significant stretching, bending, constant squatting, stooping, or other forced postures (athletic events)		x
Work on means of transport		x
Are there any risks of accidents, especially due to slipping, falling or tumbling (wet areas, excursions)		x
Wearing protective equipment that causes strain		x
Activities in which an increase in pressure in the abdominal cavity is to be feared, particularly in activities with special strain of the foot		x
Breaks/Laying room		
If individual breaks are possible, a possibility to lie down is available		

Nursing students:

Activities	Yes	No
Handling hazardous substances		
Reproductive toxicity, effects on or via lactation		x
Lead and lead derivatives insofar as there is a risk that these substances will be ingested		x
Handling of biological agents (risk of infection)		
Biological substances of risk group 2,3 or 4		x
Activities with physical effects		
Ionising and non-ionising radiation		x
Activities with a stressful work environment		
In rooms with overpressure		x
In underground mining		x

Assessment result:

- Participation in the event or the performance of the activities is possible without protective measures (only no ticked)

- Participation in the event or performance of the activities is only possible if the protective measures listed below are implemented and observed

- Participation in the event or performance of the activities is not possible



Protective measures to be implemented: (fill in extra sheet if necessary)

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Offer of a conversation:

- An offer of a conversation with the expectant/nursing parent about further adjustments of the working conditions has taken place

- A discussion with the expectant/nursing parent about further adjustments to the working conditions took place on

The following people were involved in identifying the hazards and determining the measures to be taken:

	Name
Superior	
Expectant parent	
University Medical Officer/doctor	
Occupational safety specialist	
Other	