






# Skin Care Plan

## Workplace Laboratory

What	When	How	Product
 <b>Skin Protection</b>	<ul style="list-style-type: none"> <li>• <b>before</b> starting work</li> <li>• <b>after</b> breaks before resuming work</li> </ul>	<ul style="list-style-type: none"> <li>• apply to clean and dry hands</li> <li>• apply to the back of your hands</li> <li>• allow to soak in</li> </ul>	
 <b>Gloves</b>	<ul style="list-style-type: none"> <li>• <b>before</b> handling hazardous material</li> </ul>	<ul style="list-style-type: none"> <li>• put only on clean and dry hands</li> </ul>	
 <b>Hand Disinfection</b>	<ul style="list-style-type: none"> <li>• in biological and genetic engineering laboratories</li> <li>• <b>in case</b> of potential contamination</li> </ul>	<ul style="list-style-type: none"> <li>• apply _____ of undiluted product to dry hands and rub in for _____ time.</li> </ul>	
 <b>Hand Cleaning</b>	<ul style="list-style-type: none"> <li>• <b>in case</b> of visible pollution</li> <li>• <b>before</b> taking a break</li> </ul>	<ul style="list-style-type: none"> <li>• apply to hands, rinse with water</li> </ul>	
 <b>Skin Care</b>	<ul style="list-style-type: none"> <li>• <b>after</b> work before taking a break</li> <li>• at the end of the working day</li> </ul>	<ul style="list-style-type: none"> <li>• apply in small amounts</li> <li>• rub into washed hands</li> </ul>	